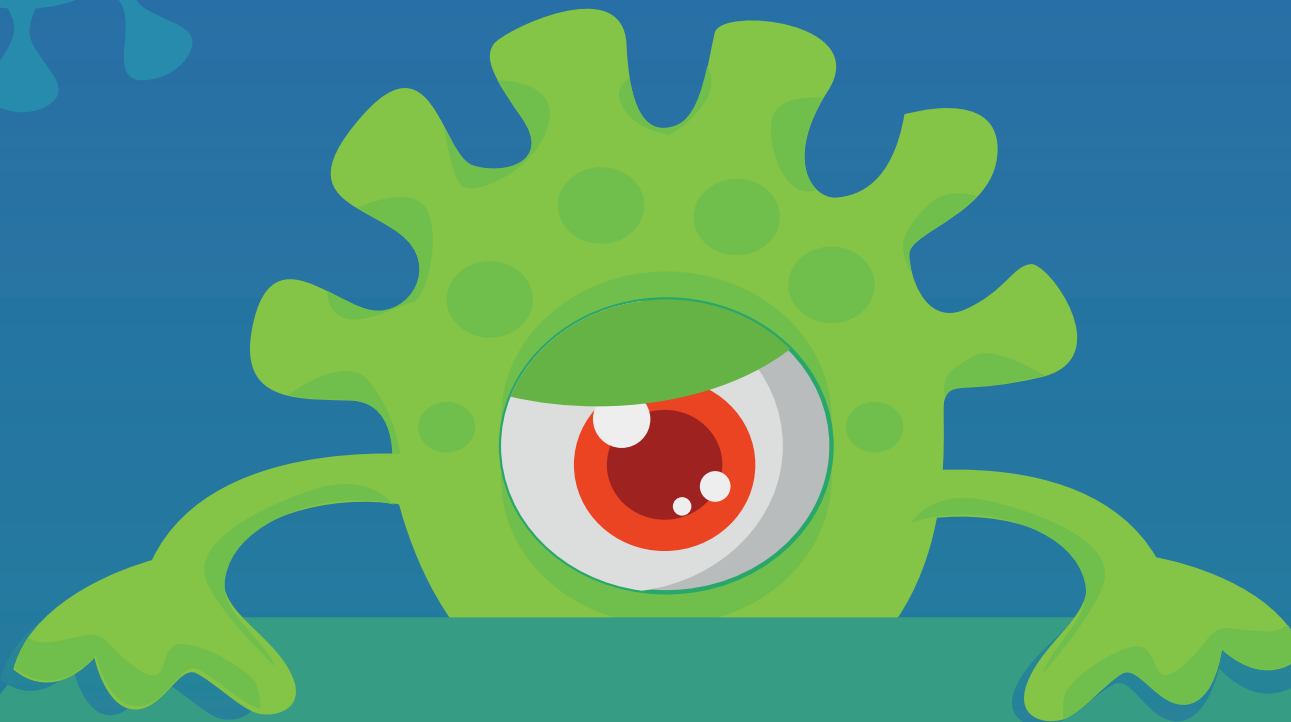


# HOW CAN YOU STOP CORONAVIRUS SPREADING?



Wash your hands with soap and water or hand sanitiser



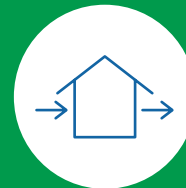
On arrival at  
Office



Before  
cooking  
and eating



After using  
the toilet



Before  
leaving  
home

- ✓ Try not to touch your eyes, nose, and mouth with unwashed hands
- ✓ Do not share items that come into contact with your mouth such as cups and bottles
- ✓ If unwell do not share items such as bedding, dishes, pencils and towels

For more details, visit: [www.anandgroupindia.com/covidupdate](http://www.anandgroupindia.com/covidupdate)